



DISTRICT WELLNESS COMMITTEE MEETING AGENDA

October 4, 2021

2:30pm

- I. District Wellness Committee Members
 - New member- Ms. Michelle Adair-Pollard
 - Recommendations
- II. Review of Wellness Documents
 - Wellness Policy Evaluation
 - Wellness Policy Triennial Assessment
 - Wellness Committee Action Planning
- III. Wellness Action Plans from 2020-2021
 - Completion of goals
- IV. Wellness Evaluations from 2020-2021
 - Results
- V. Wellness Resources to Share
 - Alliance for a Healthier Generation: RISE Initiative
 - Sanford Fit
 - HealthMPowers
 - American Heart Association: Kids Heart Challenge
 - Wellness Competitions for Central Office Departments
- VI. Wellness Action Plans for 2021-2022
 - Create New Action Plans
 - Nutrition Promotion and Education
 - Physical Activity
 - Other School Based Activities Designed to Promote Wellness
 - Nutrition Standards and Guidelines for All Foods & Beverages Available on Campus during the School Day
 - Development, Implementation and Evaluation of Wellness Policy